Molecular Mechanisms of Developmental Timing in *C. elegans* and *Drosophila*

Review

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Characterization of the heterochronic genes has provided a strong foundation for understanding the molecular mechanisms of developmental timing in *C. elegans*. In apparent contrast, studies of developmental timing in *Drosophila* have demonstrated a central role for gene cascades triggered by the steroid hormone ecdysone. In this review, I survey the molecular mechanisms of developmental timing in *C. elegans* and *Drosophila* and outline how common regulatory pathways are beginning to emerge.

Detailed genetic and molecular studies have provided insights into the mechanisms by which two model organisms, C. elegans and Drosophila, control the timing of their development. At first glance, these pathways appear to be quite different. Genetic studies in C. elegans have revealed a network of heterochronic genes that control the timing of cell fate decisions during development. The heterochronic genes, however, exert no effect on the molting cycle, leaving it unclear how developmental transitions are regulated in C. elegans. In contrast, studies in Drosophila have defined a central role for the steroid hormone ecdysone in directing the major developmental transitions in its life cycle, including molting and metamorphosis. No heterochronic mutant phenotypes that alter the timing of cell fate decisions, however, have yet been described in flies.

Interestingly, studies over the past few years reveal a growing convergence in our understanding of the mechanisms of developmental timing in these two organisms. Several lines of evidence indicate that one or more cholesterol-derived hormones is required for molting in C. elegans and that this signal may act through members of the nuclear receptor superfamily-providing clear parallels with ecdysone signaling in Drosophila. In addition, homologs of C. elegans heterochronic genes have been identified in flies, and the induction of one of the key regulators in this pathway correlates with the ecdysone pulse that triggers the onset of Drosophila metamorphosis. Below, I review these recent advances and outline how future studies may unify our understanding of the mechanisms of developmental timing in these two model organisms.

Heterochronic Genes Direct Stage-Specific Cell Lineage Patterns in *C. elegans*

C. elegans develop into their adult form through a series of four larval stages, designated L1–L4, each punctuated by molting of the cuticle. Each larval stage is characterized by specific patterns of cell division, leading

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to the formation of stage-specific cell types (Sulston and Horvitz, 1977). Heterochronic mutations were identified based on temporal transformations of these cell division patterns within epidermal lineages (Chalfie et al., 1981; Ambros and Horvitz, 1984). Below, I provide a brief overview of heterochronic gene function in *C. elegans*. Three recent reviews provide more detail on the genetics that underlie this model (Slack and Ruvkun, 1997; Ambros, 2000; Rougvie, 2001).

Loss-of-function lin-14 mutations cause blast cells to skip the L1 stage and assume fates associated with L2, followed by normal development to the adult. In contrast, gain-of-function lin-14 alleles lead to a reiteration of L1 cell fates at later developmental stages (Ambros and Horvitz, 1984). These phenotypes, combined with studies of a temperature-sensitive allele, indicate that LIN-14 activity is required for the L1 stage in development (Figure 1). Similarly, lin-28 mutants indicate a role for this gene in L1/L2 stages to regulate L2/L3 cell fates. Loss-of-function lin-28 mutants have no effect during L1 but cause premature expression of L3 fates during L2, while gain-of-function lin-28 alleles cause cells to reiterate L2 fates at later larval stages (Ambros and Horvitz, 1984; Moss et al., 1997). lin-14 and lin-28 also depend on the wild-type activity of each other during L1, defining a positive feedback loop (Arasu et al., 1991; Moss et al., 1997) (Figure 1).

The recent identification of multiple loss-of-function lin-41 alleles, combined with the effects of overexpressed wild-type LIN-41 protein, has defined this heterochronic gene as required for late larval stages (Slack et al., 2000). In lin-41 mutants, lateral hypodermal cells develop normally through L1 and L2, but prematurely adopt an adult fate at the L3/L4 molt. Overexpression of wild-type LIN-41 results in the opposite phenotype, leading to a reiteration of the larval hypodermal cell fate at the end of L4 rather than the normal switch to adult development. The precocious heterochronic phenotype associated with lin-41 mutants requires a wild-type copy of lin-29, placing lin-29 function downstream from lin-41 (Slack et al., 2000). lin-29 mutants, in turn, display a later phenotype than those of lin-41, reiterating larval cell lineages at the adult stage (Ambros and Horvitz, 1984). This observation implies that *lin-29* is required for the larval-to-adult switch in the hypodermis. Taken together, genetic studies of these heterochronic genes position them in a temporal sequence that is required for proper epidermal cell fate decisions at each developmental stage, with lin-14 required for L1/L2 fates, lin-28 required for L2/L3 fates, lin-41 required for L3/L4 fates, and lin-29 required for adult cell fate (Slack and Ruvkun, 1997; Ambros, 2000; Slack et al., 2000) (Figure 1).

Negative Regulatory Interactions Determine the Temporal Order of Heterochronic Gene Function Molecular studies of *lin-14*, *lin-28*, *lin-41*, and *lin-29* have both supported and extended the model derived from

both supported and extended the model derived from genetic analysis. Expression of LIN-14 and LIN-28 protein correlates with their proposed genetic functions.

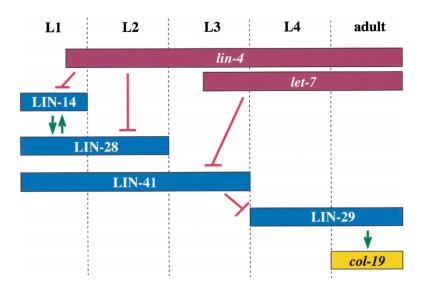


Figure 1. A Model for Heterochronic Gene Function during *C. elegans* Development

The four larval stages, L1–L4, are listed at top along with the adult stage of *C. elegans* development. Shown in the blue boxes below are the approximate times of protein expression for LIN-14, LIN-28, LIN-41, and LIN-29. Purple boxes represent the timing of *lin-4* and *let-7* small regulatory RNA expression and the orange box depicts the timing of the *col-19* adult cuticle gene. The lines and arrows indicate proposed direct regulatory interactions (Slack and Ruvkun, 1997; Ambros, 2000; Slack et al., 2000; Rougvie, 2001).

LIN-14 protein is first detected in late embryos, peaks in L1 larvae, and drops to low levels by the end of L1 (Ruvkun and Giusto, 1989). In *lin-14* gain-of-function mutants, LIN-14 protein persists beyond the L1 stage, correlating with the reiteration of L1 cell fate observed in this mutant background. Thus, the presence of LIN-14 protein defines the L1 stage of blast cell development. Similarly, LIN-28 protein peaks in late embryos and L1, remains detectable through L2, and is present at only very low levels during L3 (Moss et al., 1997). Gain-of-function *lin-28* mutations lead to stable expression of LIN-28 protein at later stages, again correlating with the observed changes in cell fate. These temporal gradients of expression thus fit with the functions of these genes predicted by genetic analysis.

In sharp contrast to the restricted temporal patterns of LIN-14 and LIN-28 protein accumulation, transcripts from these genes are present throughout development (Wightman et al., 1993; Moss et al., 1997). Consistent with this disparity between mRNA and protein accumulation, detailed studies have demonstrated that *lin-14* and *lin-28* mRNA are translationally controlled and have identified the *lin-4* heterochronic gene as a mediator of this regulation.

Genetic studies of lin-4 indicate that it is a negative regulator of lin-14 and lin-28 (Ambros, 1989; Arasu et al., 1991; Wightman et al., 1991; Moss et al., 1997) (Figure 1). A lin-4 null mutant phenocopies lin-14 gain-of-function mutants and leads to persistent LIN-14 protein at later stages of development (Chalfie et al., 1981; Arasu et al., 1991), lin-4 encodes two small RNAs, 61 and 22 nucleotides in length, with no apparent open reading frame (Lee et al., 1993). Gain-of-function lin-14 mutations map to the 3'-untranslated region (3'-UTR) of the lin-14 mRNA, a region with seven copies of a short sequence that could base pair with the lin-4 RNAs (Wightman et al., 1991; Yeh, 1991). In addition, these 3' sequences are sufficient to confer appropriate temporal regulation on the translation of a heterologous gene, implicating these sites as direct targets for lin-4 regulation (Wightman et al., 1993).

LIN-28 protein is also expressed at later stages in a lin-4 mutant, suggesting that it may also be subject to lin-4-dependent posttranscriptional regulation (Moss et al., 1997). The 3'-UTR of the lin-28 mRNA contains a single potential lin-4 binding site, and deletion of this sequence results in a gain-of-function lin-28 mutant phenotype as well as persistent LIN-28 protein. Interestingly, the number of potential lin-4 binding sites correlates with the timing of LIN-14 and LIN-28 expression. Thus, the seven potential binding sites in the lin-14 mRNA may direct more rapid translational suppression of this target than the single site present in the lin-28 mRNA (Slack and Ruvkun, 1997). Levels of lin-4 expression also increase during L1 and remain high for the rest of development, suggesting that lin-14 mRNA may be more sensitive to lin-4 dose than is lin-28 mRNA (Feinbaum and Ambros, 1999). The molecular mechanism by which lin-4 suppresses LIN-14 and LIN-28 translation, however, and the mechanism that directs their distinct temporal profiles of protein accumulation, remain to be determined (Olsen and Ambros, 1999).

Remarkably, at least two other examples of negative posttranscriptional regulatory circuits have been identified among the heterochronic genes of *C. elegans*. Direct repressive interactions have been proposed between *let-7* and *lin-41* and between *lin-29* and *lin-41*, defining cell fates associated with later stages in the life cycle.

let-7 loss-of-function mutants recapitulate larval patterns of cell division at the end of L4 rather than executing the larval-to-adult switch, much like lin-29 mutants (Reinhart et al., 2000). Overexpression of let-7 from a transgenic array, in contrast, causes hypodermal cells to undergo premature terminal differentiation at the L3/L4 molt. Like lin-4, let-7 directs the synthesis of a 21 nucleotide RNA that does not encode a protein product (Reinhart et al., 2000). Potential let-7 binding sites can be found in the 3'-UTRs of five heterochronic genes. Functions for most of these sites remain to be defined. lin-41, however, appears to be a direct target for let-7 regulation through let-7 complementary sequences in its 3'-UTR (Reinhart et al., 2000). Consistent with this proposal, the timing of let-7 induction correlates with downregulation of LIN-41 protein in wild-type animals. Finally, genetic studies have demonstrated that improper regulation of lin-41 can account for most of the lethal and

Table 1. Drosophila Homologs of C. elegans Heterochronic Genes

C. elegans Gene Product	Classification	Drosophila Homolog	BLAST Homologies	Reference
lin-4	regulatory RNA	none	none	Lee et al., 1993
let-7	regulatory RNA	let-7	100%	Pasquinelli et al., 2000
LIN-14	novel nuclear protein	none	none	Ruvkun and Giusto, 1989
LIN-28	cold shock domain, CCHC zinc fingers	CG17334	39%/148 aa (3)	Moss et al., 1997
LIN-29	C₂H₂ zinc finger	CG10040 1(3)02102	75%/180 aa (3) 78%/150 aa (1)	Rougvie and Ambros, 1995
LIN-41	RBCC protein, NHL domain	CG1624	48%/192 aa (1)	Slack et al., 2000
LIN-42	PAS domain	Period	33%/109 aa (1)	Jeon et al., 1999
DAF-12	nuclear receptor	DHR96	64%/85 aa (1) DBD 25%/260 aa (5) LBD	Antebi et al., 2000

Heterochronic gene products discussed in the text are listed. *Drosophila* homologs predicted by the genome sequence have at least one EST in the databases. All *Drosophila* homologs, except the Period protein, gave a high BLAST score with the corresponding *C. elegans* protein when searching the *C. elegans* genome sequence. BLAST homologies are presented as percent identical amino acids over a given range of amino acids with the number of gaps in parentheses. DBD, DNA binding domain; LBD, ligand binding domain.

heterochronic phenotypes observed in *let-7* mutants, providing further evidence that *lin-41* is directly regulated by *let-7*. Thus, at least in the hypodermal cells, it appears that upregulation of the *let-7* RNA in L3 results in repression of *lin-41* translation, directing the proper timing of L3/L4 and L4/adult cell fates (Figure 1).

The precise temporal control of LIN-41 expression conferred by let-7 is passed along to a downstream heterochronic gene, lin-29 (Figure 1). Again, this may be mediated by direct stage-specific repression of translation. Iin-29 mRNA is first detected at L2 and remains high through later stages of development (Rougvie and Ambros, 1995; Bettinger et al., 1996). In contrast, LIN-29 protein does not appear in hypodermal cells until L4, after which it is maintained at high levels, correlating with the time of lin-29 function in terminal differentiation of the adult cuticle. In a lin-41 loss-of-function mutant, LIN-29 protein is prematurely expressed during L2 and L3 (Slack et al., 2000). This is consistent with genetic studies, mentioned above, that position lin-29 downstream from lin-41. Moreover, aspects of the let-7 mutant phenotype resemble lin-29 loss-of-function phenotypes, consistent with indirect regulation of lin-29 by let-7 through lin-41 (Reinhart et al., 2000) (Figure 1). lin-41 encodes a member of the RBCC family of proteins, at least some of which bind directly to RNA (Slack et al., 2000). Thus, negative regulation of lin-29 translation by lin-41 could be imposed by a direct interaction with the LIN-41 protein. The function of LIN-41, however, and the mechanism by which it represses lin-29 expression await further study.

The functions of LIN-14 and LIN-28 also remain to be defined. *lin-14* encodes a novel nuclear protein of unknown function and *lin-28* encodes a cytoplasmic protein with a cold shock domain and CCHC zinc finger motif (Table 1) (Ruvkun and Giusto, 1989; Moss et al., 1997; Hong et al., 2000). *lin-42*, a heterochronic gene that functions in early larval stages, encodes a PAS domain protein that is most similar to members of the PERIOD family of circadian rhythm regulators (Jeon et al., 1999). Consistent with this identity, the abundance of *lin-42* mRNA varies with a regular cycle. Rather than the standard 12 hr circadian cycle, however, the *lin-42* mRNA cycle is ~7 hr in length and is synchronized to

the molting cycle. There is no evidence for circadian control of this expression. The role of *lin-42* in the *C. elegans* heterochronic pathway thus awaits further characterization of its encoded protein. In contrast, another heterochronic gene, *daf-12*, encodes a member of the nuclear receptor superfamily, raising the intriguing possibility that heterochronic gene activity might be modulated by hormonal signaling (Antebi et al., 2000). Functions for *daf-12* are discussed in more detail below.

In conclusion, the heterochronic gene cascades that control developmental timing in *C. elegans* may involve at least three cases of negative posttranscriptional regulation. Two of these are conferred by small noncoding RNAs, *lin-4* and *let-7*. The third may be conferred by the LIN-41 RBCC protein. Taken together, these regulatory interactions define precise temporal gradients of LIN-14, LIN-28, LIN-41, and LIN-29 protein expression that, in turn, confer appropriate stage-specific cell fates during the *C. elegans* life cycle (Figure 1).

Temporal Boundaries and Temporal Identities Can Contribute to Developmental Timing

The elegance and relative simplicity of the heterochronic gene cascade has made it almost synonymous with developmental timing. Yet, the effects of the heterochronic mutations are limited to the patterns of cell division that occur at each developmental stage-few ties have been made to molting, the most overt manifestation of progression through the life cycle. The larval molts progress on schedule in heterochronic mutants, even though individual blast cells that contribute to the newly formed cuticle have the incorrect identity (Chalfie et al., 1981; Ambros and Horvitz, 1984). Timing of the cell division cycles is also unaffected by heterochronic mutations. The only heterochronic gene to show an effect on molting is lin-29 which, when mutated, reiterates L4 fates, directing a series of supernumerary molts (Bettinger et al., 1996). Similarly, precocious activation of lin-29 causes early termination of the molting cycle. These phenotypes, however, are most likely an indirect effect of the fate switch in lin-29 mutants and not indicative of a direct role for this gene in the molt cycle. Thus, we are left with the question of how the temporal identity conferred by the heterochronic genes is related to the

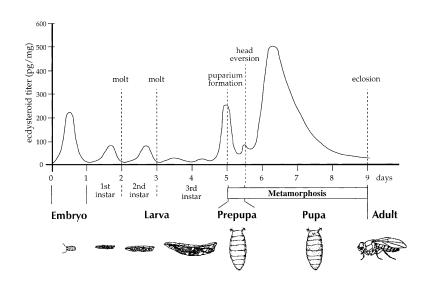


Figure 2. Ecdysone Pulses Trigger Each of the Major Developmental Transitions in *Drosophila*

The ecdysone titer profile is depicted as 20E equivalents in whole body homogenates (Riddiford, 1993). The major developmental transitions are marked by dotted lines.

major developmental landmarks that define the *C. elegans* life cycle.

An answer to this question can be achieved by returning to an analogy described by Ambros and Horvitz (1987) and later extended by Slack and Ruvkun (1997). These authors proposed that temporal patterning is analogous to spatial patterning, with the heterochronic genes conferring temporal identity much like the homeotic genes confer spatial identity. Extending this analogy one step further provides a foundation for comparing and contrasting the mechanisms of developmental timing in C. elegans and Drosophila. The specification of distinct spatial domains not only involves establishing segmental identity but also involves establishing boundaries between segments. For example, networks of segmentation genes define the segmental and parasegmental boundaries of the early Drosophila embryo, followed by the specification of segment identity by the homeotic genes. Indeed, without boundaries, no landmarks exist to allow each group of cells to acquire a distinct fate.

By analogy with spatial patterning, we can propose that temporal patterning also involves the establishment of both boundaries and identities. The C. elegans heterochronic genes can be thought of as temporal identity genes that define the timing of cell autonomous cell fate decisions during the life cycle. By analogy to the homeotic genes, the fact that the heterochronic genes have no effect on molting-the temporal boundaries of the C. elegans life cycle-is not surprising. Moreover, this classification posits the existence of a distinct set of temporal boundary genes that regulate transitions in the C. elegans life cycle. Indeed, recent genetic studies have identified several such genes in C. elegans - genes that are required for molting as well as progression through larval stages. Moreover, studies in Drosophila have identified temporal boundary genes that direct the major transitions in the life cycle in response to a systemic steroid signal. Below, I review the role of hormones in establishing temporal boundaries in Drosophila and propose that similar regulatory pathways may control progression through the C. elegans life cycle.

Ecdysone Pulses Define Temporal Boundaries in the *Drosophila* Life Cycle

Since the 1930s, detailed physiological, biological, genetic, and molecular studies have provided insights into

the mechanisms of developmental timing in *Drosophila*. Pulses of the steroid hormone ecdysone direct each of the major developmental transitions in the life cycle (Figure 2) (Riddiford, 1993). An ecdysone pulse during midembryonic development is of unknown function, although recent evidence indicates possible roles in morphogenesis and cuticle deposition (Chavez et al., 2000). Ecdysone pulses during the first and second larval instars trigger molting of the cuticle, a response that appears to be restricted largely to the epidermis (Riddiford, 1993). In contrast, a high titer ecdysone pulse at the end of the third larval instar triggers widespread changes throughout the animal, signaling the onset of prepupal development (Robertson, 1936). The larval salivary glands secrete a mixture of glue proteins that are used to affix the animal to a solid surface for puparium formation. The animal then shortens its body and the larval cuticle tans and hardens to form a protective pupal case. A subset of larval tissues, including the midgut, initiate programmed cell death, ridding the animal of obsolete tissues (Robertson, 1936). Meanwhile, the leg and wing imaginal discs evert and elongate to form rudiments of the adult appendages. A subsequent ecdysone pulse, \sim 12 hr after puparium formation, triggers the prepupalpupal transition. In response to this signal, the head assumes its appropriate position by everting out from the anterior end of the puparium. This ecdysone pulse also triggers final elongation of the legs and wings as well as destruction of most remaining larval tissues, including the larval salivary glands (Robertson, 1936). These critical events form the basic body plan of the adult insect, with a head, thorax, abdomen, and appendages. Terminal differentiation then occurs over the following \sim 3.5 days of pupal development, followed by eclosion of the adult insect (Figure 2).

Prothoracicotropic Hormone Determines the Timing of Ecdysone Release

A neuropeptide called prothoracicotropic hormone (PTTH) is the key signal that initiates release of the precursor steroid ecdysone from the prothoracic glands (Nijhout, 1994; Henrich et al., 1999). Ecdysone is then converted by peripheral tissues into the physiologically active form of the hormone, 20-hydroxyecdysone (20E). PTTH has been purified from the silk moth, *Bombyx mori*, and

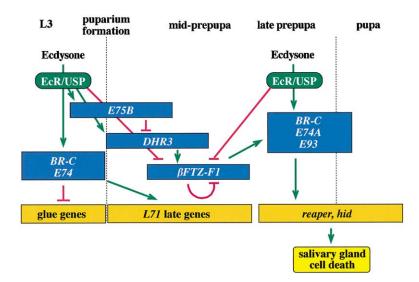


Figure 3. A Model for Ecdysone-Triggered Regulatory Interactions at the Onset of *Drosophila* Metamorphosis

This figure summarizes regulatory interactions described in the text. The blue boxes represent genes that encode ecdysone-inducible transcription factors. The orange boxes represent secondary response target genes. Green arrows represent inductive effects and red lines represent repressive effects.

the corresponding gene has been identified (Adachi-Yamada et al., 1994). Antibody stains have revealed that PTTH is synthesized in two large neurosecretory cells that reside in the dorsolateral region of each brain hemisphere (Mizoguchi et al., 1990). These neurons ennervate the endocrine glands of the insect, providing direct transport of PTTH to its targets. The regulation of PTTH expression, however, and the signal for its release, remain unknown. The recent purification of a candidate PTTH from Drosophila raises the possibility of providing a better understanding of its regulation and function, although the identity of this factor remains unclear (Kim et al., 1997). The best match encoded by the Drosophila genome is an apparent integral membrane protein with EGF repeats (CG16882, T. Siegmund, personal communication). This protein is significantly larger than the protein detected by Kim et al. (1997) on Western blots and bears no similarity to known lepidopteran PTTHs. Further studies are thus required to determine whether this protein can indeed act as a PTTH in Drosophila.

It is interesting to note that the ecdysone pulses during Drosophila development occur with an approximate 12/24 hr cycle, defining the length of each developmental interval (Figure 2). Studies in the blood-feeding bug Rhodnius prolixus, which has been used extensively for characterization of PTTH action, indicate that PTTH and ecdysone release both exhibit pronounced circadian rhythmicity (Vafopoulou and Steel, 1996). Moreover, extensive data in a number of arthropods indicate that photoperiod is a key determinant of both the molting cycle and pupal diapause (Nijhout, 1994). For example, in the hornworm, Manduca sexta, PTTH release during a larval molt is gated by the photoperiod, providing a link between PTTH release and circadian signals (Truman, 1972). Only two neurons have been identified in Drosophila that innervate the prothoracic gland, and axons from the circadian pacemaker neurons project onto their dendritic fields, providing the means for direct circadian input to ecdysone release (Siegmund and Korge, 2001). Thus, although the regulation of the 12/24 hr ecdysone pulses in *Drosophila* remains to be determined, it seems likely that this cycle owes at least part of its timing to circadian control.

The Timing Conferred by Ecdysone Pulses Is Transduced through Stage-Specific Regulatory Cascades

Given the central role of ecdysone pulses in dictating progression through the fly life cycle, the question then arises of how the hormone exerts its effects at the molecular level. Extensive studies have been focused on the mechanisms of ecdysone action, and it is not the purpose of this review to summarize these pathways in detail. The reader is referred to several reviews on this topic (Thummel, 1996; Richards, 1997; Henrich et al., 1999; Riddiford et al., 2000). Rather, in keeping with the theme of developmental timing, I will focus on a key genetic circuit during late larval and prepupal development (Figure 3). This circuit illustrates how a repetitive systemic hormonal signal can be transduced into stageand tissue-specific genetic and biological responses during development, highlighting the critical role of endocrine signaling in establishing temporal boundaries during the life cycle.

Responses to ecdysone are transduced by a heterodimer of two members of the nuclear receptor superfamily, the ecdysone receptor (EcR) and the RXR homolog Ultraspiracle (USP) (Koelle, 1992; Yao et al., 1992; Thomas et al., 1993). Like vertebrate nuclear receptors, the EcR/USP heterodimer functions as a ligand-dependent transcription factor, directly activating target gene transcription in response to the ecdysone signal. At least three protein isoforms are synthesized from the *EcR* locus, and the expression of these isoforms correlates with distinct cell- and tissue-specific responses to ecdysone during metamorphosis (Talbot et al., 1993).

Several primary response genes have been identified that are induced directly by the 20E/EcR/USP complex. These include three early regulatory genes—the *Broad-Complex* (*BR-C*), *E74*, and *E75*—defined originally as ecdysone-inducible puffs in the larval salivary gland polytene chromosomes (Ashburner et al., 1974). The *BR-C* encodes multiple zinc finger proteins (DiBello et al., 1991). *E74* encodes two proteins with an identical ETS DNA binding domain, designated E74A and E74B (Burtis et al., 1990), and *E75* encodes three members of the nuclear receptor superfamily, designated E75A, E75B, and E75C (Segraves and Hogness, 1990). The

E75 proteins are referred to as orphan nuclear receptors because no corresponding hormonal ligand has yet been identified for these factors.

The BR-C and E74 are induced directly by both the late larval and prepupal ecdysone pulses in a wide range of target tissues (Boyd et al., 1991; Emery et al., 1994). Consistent with these broad patterns of expression, genetic studies have identified multiple biological functions for these genes at the onset of metamorphosis (Kiss et al., 1988; Restifo and White, 1992; Fletcher et al., 1995). Critical roles for the BR-C and E74 in transducing both the late larval and prepupal ecdysone pulses can also be seen at the level of downstream secondary response gene expression. An ecdysone-induced switch in gene expression takes place in the salivary glands of late third instar larvae, in which the glue genes are repressed and the L71 late puff genes are induced (Figure 3). This switch fails in BR-C mutants; the glue genes are not repressed and the L71 genes are not induced (Guay and Guild, 1991). Similarly, the induction of the L71 late genes is delayed and reduced in E74A mutants (Fletcher and Thummel, 1995a). The BR-C and E74A are later required for the induction of two key death-inducer genes in prepupal salivary glands, reaper and head involution defective (hid), consistent with the role of these two early genes in directing salivary gland cell death (Figure 3). Thus, the timing conferred by the late larval and prepupal ecdysone pulses is transduced by the BR-C and E74, resulting in appropriate patterns of target gene expression and, hence, appropriate biological responses. This observation, however, raises the question of how stage specificity is achieved. How is it that a repetitive hormonal signal can direct different biological responses at different times? Although the answer to this question is not yet complete, it is clear that stagespecific transcription factors play an important role in conferring this temporal specificity.

Cross-Regulation among Orphan Nuclear Receptors Directs Stage-Specific Responses to Ecdysone in *Drosophila*

E75B, DHR3, βFTZ-F1 and E93 are induced by ecdysone in a stage-specific manner at the onset of metamorphosis (Figure 3). E75B, DHR3 and βFTZ-F1 encode orphan members of the nuclear receptor superfamily (Segraves and Hogness, 1990; Koelle et al., 1992; Lavorgna et al., 1993). In contrast, E93 encodes a novel nuclear protein that is required for larval salivary gland cell death (Baehrecke and Thummel, 1995; Lee et al., 2000). Both E75B and DHR3 are induced directly by the late larval ecdysone pulse, but their induction is also dependent on ecdysone-induced protein synthesis (Segraves and Hogness, 1990; Horner et al., 1995). This additional level of regulation leads to their accumulation at later times than true primary response gene products, such as BR-C and E74A (Figure 3). DHR3 is both necessary and sufficient for the induction of β FTZ-F1 in mid-prepupae and appears to exert this effect by binding to three adjacent sites in the βFTZ-F1 promoter (Kageyama et al., 1997; Lam et al., 1997; White et al., 1997; Lam et al., 1999). Interestingly, this inductive function of DHR3 can be negatively regulated by heterodimerization with E75B (White et al., 1997). Thus, the timing of β FTZ-F1 induction in mid-prepupae is determined by both induction of the DHR3 activator and decay of the E75B repressor (Figure 3). Ecdysone can also directly repress βFTZ -F1 transcription, restricting its temporal window of expression to the mid-prepupal interval between the high titer late larval and prepupal pulses of ecdysone (Woodard et al., 1994). Finally, βFTZ -F1 can repress its own transcription, ensuring that its expression will be of short duration (Figure 3).

Why is β*FTZ-F1* the target of such exquisite temporal control? Genetic studies have demonstrated that \(\beta FTZ-F1 \) is an essential determinant of responses to the prepupal pulse of ecdysone. Loss-of-function βFTZ-F1 mutants pupariate normally but die as prepupae and pupae with defects in adult head eversion and salivary gland cell death-changes that define the prepupal-pupal transition (Figure 4) (Broadus et al., 1999). These phenotypic effects are reflected by widespread effects on early ecdysone-induced gene expression in BFTZ-F1 mutant prepupae, where the BR-C, E74A, E75A, and E93 are all submaximally induced, while EcR and usp remain relatively unaffected. In addition, ectopic expression of βFTZ-F1 in late third instar larvae results in enhanced ecdysone-induction of the BR-C, E74A, and E75A, as well as premature ecdysone induction of E93, switching the response to a prepupal pattern of early gene expression (Woodard et al., 1994). These observations suggest that βFTZ -F1 provides competence for genetic responses to the prepupal ecdysone pulse, directing the appropriate stage-specific developmental responses that comprise the prepupal-pupal transition (Broadus et al., 1999).

The *BR-C* and *E74A* therefore play multiple roles in transducing ecdysone pulses, acting in different pathways at the larval-prepupal and prepupal-pupal transitions (Figure 3). In contrast, *DHR3*, *E75B*, and $\beta FTZ-F1$ exert a stage-specific function during the onset of metamorphosis, defining the proper outcome of the prepupal ecdysone pulse. The induction of these orphan nuclear receptors in early and mid-prepupae indicates that puparium formation has been achieved and that responses to the next ecdysone pulse should be distinct from responses to the last ecdysone pulse. In this manner, cross-regulation between *E75B*, *DHR3*, and $\beta FTZ-F1$ ensures that development progresses forward in response to the repetitive hormonal signal, refining this signal into distinct stage-specific biological pathways.

In closing, it is interesting to note that not all effects of ecdysone proceed through transcriptional control by the EcR/USP heterodimer. A recent study reports that, as in mammals, ecdysone can act through a nongenomic mechanism (independently of transcription and translation) to regulate the proliferation of neural precursor cells in the optic lobes of *Manduca* (Champlin and Truman, 2000). This discovery opens new possibilities for coordinating biological responses to ecdysone, providing a more rapid and direct means by which the steroid can affect cellular activity. It will be interesting to see if nongenomic mechanisms can account for other responses to ecdysone during development.

Endocrine Signaling Establishes Temporal Boundaries

The predominant lethal phenotype caused by a decrease in ecdysone titer, or by mutations in *EcR* or *usp*,

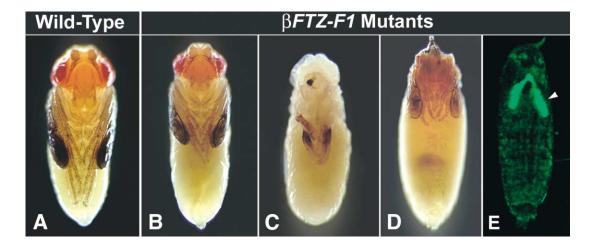


Figure 4. β FTZ-F1 Is Required for the Prepupal-Pupal Transition during *Drosophila* Metamorphosis Shown are a control wild-type pharate adult just prior to eclosion (A) and β FTZ-F1 mutants that die as a pharate adult (B), early pupa (C), or cryptocephalic pharate adult (D), all with short distorted legs. (E) Confocal image of persistent larval salivary glands expressing GFP in a cryptocephalic β FTZ-F1 mutant pupa \sim 10 hr after the salivary glands are normally destroyed. Adapted from Figure 4 of Broadus et al. (1999). Reproduced with permission.

is developmental arrest at the major life cycle transitions-at larval molts, puparium formation, the prepupal-pupal transition, or pupal development (Sliter and Gilbert, 1992; Bender et al., 1997; Hall and Thummel, 1998; Schubiger et al., 1998; Li and Bender, 2000). Thus, ecdysone pulses establish the duration of each developmental stage, defining the temporal boundaries in the fly life cycle. As a corollary to this, the genes that encode the ecdysone receptor heterodimer, EcR and usp, can be classified as temporal boundary genes. These genes transduce the timing conferred by ecdysone pulses to dictate appropriate progression through the life cycle. In contrast, DHR3 and β FTZ-F1 act as temporal identity genes during the onset of metamorphosis, distinguishing responses to the prepupal ecdysone pulse from those triggered by the previous pulse of ecdysone at puparium formation. E93 is also a candidate for a temporal identity gene. It is selectively expressed during metamorphosis in a spatial pattern that foreshadows larval midgut and salivary gland cell death and is both necessary and sufficient for a death response (Baehrecke and Thummel, 1995; Lee et al., 2000). E93 mutants, however, also display phenotypes during metamorphosis that appear unrelated to cell death, including defects in puparium formation and early pupal lethality. Further analysis of these phenotypes is required in order to clarify the potential role of E93 in conferring temporal identity.

Do temporal identity genes exist in *Drosophila* that specify cell identity at one stage in the life cycle, like the heterochronic genes of *C. elegans*? Mutations in the *Drosophila anachronism* gene have been proposed to result in a heterochronic phenotype (Ebens et al., 1993). The precocious development of neuroblasts in *anachronism* mutants, however, is due to premature release from an arrest in proliferation rather than a temporal switch in cell identity. Several more clear examples of heterochrony have been reported in *Drosophila*, as described below, although these can be attributed to defects in the establishment of temporal boundaries rather

than the direct assignment of temporal identity. It thus remains unclear whether precise switches in cell identity similar to those seen in the C. elegans heterochronic mutants will be found in Drosophila, or whether this phenotype is restricted to organisms that rely on a fixed cell lineage for their development. One intriguing possibility, as discussed below, is that mutational analysis of Drosophila homologs of C. elegans heterochronic genes will uncover an evolutionarily conserved temporal identity pathway. Alternatively, it is possible that, by analogy with spatial patterning during embryogenesis, temporal specificity could be achieved through combinatorial interactions among nonstage-specific ecdysone-inducible regulatory genes, such as BR-C and E74. A similar model has been proposed by D. Hogness to explain how overlapping combinations of ecdysone-inducible transcription factors could direct distinct tissue-specific responses to ecdysone, termed the tissue coordination model (Thummel et al., 1990). The available evidence indicates that this may be a critical means of achieving both spatial and temporal specificity in ecdysone responses during the fly life cycle (Talbot et al., 1993; Fletcher and Thummel, 1995b).

It is important to realize that the use of systemic lipophilic hormones to confer temporal boundaries is not restricted to insects. Frogs also undergo a dramatic metamorphosis during their life cycle, in which the body plan is massively remodeled from a swimming tadpole to a reproductively active adult form. Like insects, this transition is entirely dependent on a systemic hormone (thyroid hormone), its corresponding nuclear receptor (thyroid hormone receptor/RXR heterodimer), and functions through the activation of stage- and tissue-specific gene cascades (Brown et al., 1995; Shi, 1996). Similar hormonedependent developmental transitions occur during mammalian development, including steroid-triggered sexual maturation in humans. Indeed, systemic endocrine signaling provides an ideal means of coordinating tissue development and directing orderly progression through

the life cycle. Given this function, the logical question arises as to whether *C. elegans*, and nematodes in general, might utilize an endocrine system to establish temporal boundaries in their life cycle. Several lines of evidence, described below, lead to the conclusion that this is likely to be the case.

Failure to Establish Precise Temporal Boundaries Can Lead to Heterochronic Phenotypes in *Drosophila*

Defects in hormone signaling can lead to heterochronic phenotypes in insects. The classic example of this is the sesquiterpenoid juvenile hormone (JH) which, upon application to the cuticle of a late stage larva, results in the local deposition of a new larval cuticle while the rest of the animal deposits an adult cuticle in response to ecdysone signaling (Wigglesworth, 1958). Extensive studies in Rhodnius and lepidopteran insects have supported a role for JH in determining the nature of an ecdysone-triggered molt (Riddiford, 1996). Unfortunately, however, this response is not seen in the larvae of higher Diptera such as Drosophila, and thus little is known about the molecular mechanisms by which JH can control the developmental outcome of an ecdysone pulse. The recent demonstration that BR-C expression can be controlled by JH, combined with the identification of JHinducible genes in Drosophila, provides future directions for defining the molecular mechanisms of JH action (Dubrovsky et al., 2000; Zhou and Riddiford, 2001).

An ecdysone deficiency in Drosophila also leads to a remarkable heterochronic phenotype in which second instar larvae appear to directly pupariate without progressing through a third larval instar. This phenotype has been seen in dre4 mutants and IP3 receptor mutants, both of which display a reduction in ecdysone titer (Sliter and Gilbert, 1992; Venkatesh and Hasan, 1997). One possible explanation for this phenotype is that these animals are not responding to the reduced ecdysone pulse during the second larval instar and thus missing the cue that would normally trigger a second-to-third instar larval molt. The higher titer ecdysone pulses associated with metamorphosis could then trigger the next developmental transition which, interestingly, is puparium formation, resulting in a prolonged second instar and the apparent absence of a third instar larval stage.

The converse of this phenotype has also been seen in *Drosophila*, once again due to a defect in ecdysone signaling. While the larval midgut and imaginal discs attempt to initiate metamorphosis in *usp* mutant third instar larvae, the epidermis deposits a supernumerary cuticle, recapitulating aspects of an earlier genetic program (Hall and Thummel, 1998).

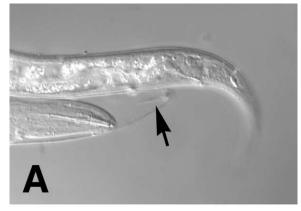
Hence, precise temporal coordination during development appears to require efficient transduction of each ecdysone pulse through the EcR/USP heterodimer. In this sense, these heterochronic phenotypes in *Drosophila* are distinct from those seen in the heterochronic mutants in *C. elegans*. These phenotypes indicate that clear and definite boundaries need to be established in order for groups of cells to acquire their appropriate identity through the onset of metamorphosis. If the boundaries are not clear, then some cells may escape temporal coordination and acquire an inappropriate identity relative to the rest of the organism.

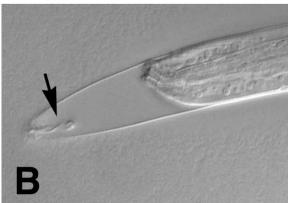
Steroid Hormones May Establish Temporal Boundaries in the *C. elegans* Life Cycle through Nuclear Receptor Signaling

Larval molting in *C. elegans* and *Drosophila* display many features in common (Singh and Sulston, 1978; Riddiford, 1993), reflecting their common evolutionary link as members of the Ecdysozoa clade (Aguinaldo et al., 1997). In *C. elegans*, as in *Drosophila*, each new cuticle is characterized by a unique combination of stage-specific cuticle proteins (Liu et al., 1995; Charles et al., 1998). Understanding how these genes are regulated in *C. elegans* provides one avenue to approach the mechanisms by which the molt is controlled. This may be particularly fruitful given that the heterochronic genes determine the identity of epidermal cells at each molt and the *col-19* adult cuticle gene is a direct target of *lin-29* regulation (Liu et al., 1995).

Perhaps most significant is the recent demonstration that cholesterol is required for molting in C. elegans. Like Drosophila, C. elegans is unable to synthesize cholesterol and thus requires a constant dietary source of the steroid (Chitwood, 1992). Transfer of wild-type C. elegans to cholesterol deficient medium has no effect on the first generation of animals, most likely due to their utilization of stored cholesterol (Yochem et al., 1999). However, a small proportion of larvae in the second generation (\sim 5%) display defects in shedding their old cuticle during a molt (Figure 5A). This observation is consistent with earlier studies that have shown that sterol starvation of other nematodes leads to incomplete molting (Bottjer et al., 1985; Coggins et al., 1985). Interestingly, a similar molting defect is seen in Irp-1 mutants, which arrest development primarily at the L3/L4 transition (Figures 5B and 5C) (Yochem et al., 1999). Many of these mutants survive for several days stuck within their old cuticle, providing a remarkable similarity to the larval molting defects associated with reduced ecdysone signaling in Drosophila. Irp-1 encodes a gp330/megalinrelated protein that is a member of the low density lipoprotein receptor family (Yochem et al., 1999). This gene identity is consistent with a number of different mechanisms for LRP-1 action. Given the similarity between sterol starvation and the Irp-1 mutant phenotypes, however, an intriguing possibility is that Irp-1 is required for the endocytosis of dietary cholesterol, which, in turn, could act as an essential precursor for a molting hormone.

A closer parallel between molting in nematodes and Drosophila is provided by parasitic nematodes, which appear to use ecdysteroids as a molting hormone. Ecdysteroids can be detected in the larvae of several parasitic nematode species, and larval molting can be stimulated by nanomolar concentrations of ecdysteroids in two intestinal parasites, Nematospiroides dubius and Ascaris suum (see references in Sluder and Maina, 2001). Orthologs of the EcR and usp genes have also been identified in two parasitic nematodes, D. immitis and B. malayi, although no transcriptional response to a hormone has yet been demonstrated in these species (Sluder and Maina, 2001). In contrast, the C. elegans genome does not encode EcR or USP orthologs, and ecdysteroids have not been detected in this organism. Nonetheless, the requirement for cholesterol as well as the roles of nuclear receptors in larval molting described below, support the proposal that one or more steroid hormones





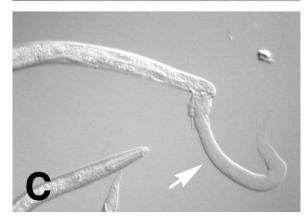


Figure 5. Molting Defects in C. elegans

(A) A wild-type L3 larva maintained on medium deficient in sterols with a displaced anterior and pharyngeal cuticle (black arrow).
(B) An *Irp-1* mutant L2 larva with attached pharyngeal cuticle (black arrow).

(C) An old cuticle remains attached to the end of an *Irp-1* mutant L3 larva (white arrow).

Adapted from Figure 4 of Yochem et al. (1999). Reproduced with permission.

is involved in the regulation of the *C. elegans* life cycle. Interestingly, the *C. elegans* genome encodes 270 members of the nuclear receptor superfamily, significantly more than the 21 nuclear receptors encoded by the *Drosophila* genome and 48 known vertebrate nuclear receptor superfamily members (Sluder and Maina, 2001). Further functional studies of these genes as well as biochemical characterization of organic extracts prepared from staged

C. elegans larvae should provide insights into the mechanisms by which steroids could regulate the molting cycle in this organism.

The C. elegans Orthologs of DHR3 and FTZ-F1 Are Required for Larval Molting

Only a few genes have been identified in *C. elegans* that could establish temporal boundaries by regulating larval molting. Remarkably, these genes encode the LRP-1 gp330/megalin-related protein described above as well as two members of the nuclear receptor superfamily: NHR-23 (also known as CHR3) and NHR-25. Although this sample size is small, the implied link between cholesterol derivatives and nuclear receptor activity is striking.

nhr-23 is widely expressed during the first half of C. elegans embryogenesis and then becomes more restricted to the epidermis through the rest of development (Kostrouchova et al., 1998). Interference in nhr-23 activity by RNAi leads to a small proportion of animals that die during embryogenesis with defects in elongation and morphogenesis (Kostrouchova et al., 1998). The majority of surviving larvae display molting defects and arrest development at the L3 or L4 stage. Application of dsRNA at different times in the life cycle leads to defects at each molt, indicating a requirement for nhr-23 at each stage in the life cycle (Kostrouchova et al., 2001). The levels of *nhr-23* mRNA appear to fluctuate with the molting cycle, with peak expression immediately preceding each molt and lowest levels at the molt (Kostrouchova et al., 2001). Interestingly, this rhythmic pattern of expression is similar to that of at least some C. elegans cuticle genes, implying a possible regulatory connection (Johnstone and Barry, 1996). This modulation is also reminiscent of the peaks in early gene expression and cuticle gene expression that precede the larval molts in Drosophila, raising the question of whether a hormone might confer this timing in C. elegans (Thummel et al., 1990; Talbot et al., 1993; Charles et al., 1998).

Like nhr-23, nhr-25 is expressed throughout the C. elegans life cycle, primarily in the epidermis, although more detailed time courses through larval stages have not yet been reported (Asahina et al., 2000; Gissendanner and Sluder, 2000). Most progeny of wild-type hermaphrodites injected with nhr-25 dsRNA die as embryos with morphogenetic defects. The surviving larvae arrest their development at early stages and display defects in molting. A similar embryonic lethal phenotype is seen in homozygous nhr-25 mutants that carry a deletion within the gene (Asahina et al., 2000). This embryonic lethality could be due to defects in the integrity of the hypodermis as well as more direct effects on midembryonic morphogenetic movements. The similarity between the phenotype of disembodied mutations in Drosophila, which disrupt a cytochrome P450 required for steroidogenesis, and the nhr-23 and nhr-25 embryonic lethal phenotypes provide an interesting connection (Chavez et al., 2000). The significance of this similarity, however, requires a more definitive understanding of ecdysone functions during Drosophila embryonic development as well as the roles of nhr-23 and nhr-25 in morphogenesis.

The known regulatory link between DHR3 and FTZ-F1, the Drosophila orthologs of nhr-23 and nhr-25, raises the question of whether this link has been conserved through evolution. No effect on nhr-25 expression, however, was seen in animals treated with nhr-23 dsRNA, although these experiments resulted in only an \sim 4-fold decrease in nhr-23 expression and, in part, depended on a nhr25::qfp construct to monitor the effects on nhr-25 expression (Kostrouchova et al., 2001). It would be interesting to repeat these experiments using a nhr-23 null mutant and following the levels of endogenous nhr-25 promoter activity. In contrast, a clear evolutionary connection can be made between the functions of nhr-25 and FTZ-F1, both of which are required for larval molting during development (Asahina et al., 2000; Gissendanner and Sluder, 2000; Yamada et al., 2000). Thus, not only is evidence accumulating that C. elegans may regulate progression through its life cycle by means of hormone signaling, but the possibility also exists that this signal could be transduced by members of the nuclear receptor superfamily, providing a clear parallel with the mechanisms of ecdysone action in Drosophila.

daf-12 Provides a Tie between Hormone Signaling and Heterochronic Gene Function in C. elegans

A third nuclear receptor superfamily member, encoded by the daf-12 locus, provides an important link between possible hormone signaling and the heterochronic pathway in C. elegans. daf-12 is a complex genetic locus that regulates multiple pathways during development (Antebi et al., 1998). Null mutations in daf-12 define an essential role in dauer larva formation, the diapause state of C. elegans that allows survival through periods of starvation. Genetic epistasis studies have shown that daf-12 functions at the end of the dauer signaling pathway, downstream from the major environmental and physiological signals that act through TGF β and insulin pathways to control dauer larva formation. Some daf-12 mutant alleles also display highly penetrant heterochronic phenotypes, with daf-12 controlling L3 developmental events. Hence, this gene provides a critical link between the heterochronic genes and the dauer larva alternative during development. It is interesting to note that diapause is controlled by hormones in all insects studied, raising the possibility that daf-12 might direct dauer formation thorough hormonal input (Nijhout, 1994; Antebi et al., 1998).

The identity of daf-12 as a member of the nuclear receptor superfamily is consistent with this model (Antebi et al., 2000). In addition, daf-12 mutations that result in penetrant heterochronic phenotypes map to the region that functions as a ligand binding domain in hormone-regulated nuclear receptors, implying possible hormonal input into the heterochronic functions of this gene. Better evidence for hormonal regulation of daf-12 activity, however, arises from analysis of the daf-9 gene in C. elegans. Epistasis studies position daf-9 immediately upstream of daf-12 and demonstrate that all signaling for dauer larva formation goes through daf-9 to daf-12 (D. Riddle and A. Antebi, personal communication). Remarkably, daf-9 encodes a cytochrome P450 that is related to known vertebrate steroidogenic P450s. Although the role of daf-9 in steroidogenesis remains to be shown, this gene identity and the epistatic relationship between daf-9 and daf-12 strongly argue in support of ligand regulation of *daf-12* activity during development. Genetic analysis of other *C. elegans* P450s as well as further studies of *daf-9* should provide more insight into this pathway.

The *Drosophila let-7* Homolog May Be Induced by Ecdysone

A recent study has shown that the let-7 heterochronic regulatory RNA has been conserved in a wide range of species, including vertebrate, ascidian, hemichordate, mollusc, annelid, and arthropod (Pasquinelli et al., 2000). Interestingly, the temporal control of let-7 also appears to be conserved, with expression correlating with the onset of late developmental stages. Most intriguing from the perspective of this review, let-7 induction could be triggered by a known developmental timer-rising at the end of the third larval instar in *Drosophila* in apparent synchrony with the ecdysone pulse, and maintained at high levels throughout pupal development. More precise time points, as well as analysis of RNA from organs cultured in the presence of 20E, will be required to determine if let-7 is induced directly by ecdysone in flies. Several potential binding sites for the EcR/USP heterodimer map within 1-2 kb of the Drosophila let-7 gene, providing support for a direct regulatory connection (A. Bashirullah, personal communication). The Drosophila genome also contains a gene that is similar to the let-7 target gene, lin-41 (CG1624, Table 1), with potential let-7 binding sites in its 3'-UTR (A. Bashirullah, personal communication). In addition, the Drosophila homolog of daf-12, DHR96, has a potential let-7 binding site in its 3'-UTR, although the function of DHR96 remains to be established (K. King-Jones, personal communication). Homologs of LIN-28 and LIN-29 are also encoded by the fly genome (Table 1). The discovery of these Drosophila genes, along with the potential ecdysone induction of fly let-7, provides exciting directions for future research. It will be interesting to determine if these genes have conserved their temporal identity functions from C. elegans to Drosophila.

Future Directions for Timing

The apparent differences in our understanding of developmental timing in C. elegans and Drosophila are a direct consequence of the different experimental approaches that were used in these organisms. Forward genetic screens in C. elegans led to identification of the heterochronic genes and their roles in conferring temporal identity, while the absence of screens for lethal mutants with molting defects left a gap in our understanding of how temporal boundaries are established in this organism. In contrast, the rich history of endocrinology in Drosophila led to the identification of hormone-triggered gene cascades that define temporal boundaries, while little understanding has been achieved regarding how temporal identity might be conferred in flies. It is clear that the complementarity in our understanding of developmental timing mechanisms in C. elegans and Drosophila provides a strong foundation that can guide further experimentation in both organisms, and that this work should lead to a more unified understanding of how timing is controlled during the development of higher organisms.

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